**Universidade de Aveiro** Departamento de Comunicação e Arte



# PERFORMA'01

Encontros de Investigação em Performance

### PERFORMA'07

**Title:** Poetics of the Soul: Art and Consciousness for the 21<sup>st</sup> Century

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We may expect psychological research, on the one hand, to explain the formation of a work of art, and on the other to reveal the factors that make a person artistically creative.

C. G. Jung

# **Objectives:**

This paper aims at presenting a *Poetics of the Soul* (Soares, 2003) model as a new approach to the Perceptions of Art in the area of Consciousness Studies for the 21<sup>st</sup> Century. Keywords: Poetics of the Soul, Creative Expression, Art and Consciousness.

#### Context:

The Poetics of the Soul model is the result of a PhD thesis based on the reflection and (re)location of the Mission of Art and the Creative Process on a New Millennium basis. Its roots lead to the (re)integration of the *Creator*, the *Mirror-work of Art* and the *Perceptor* in a dynamic molecular structure.

# Methodology:

To start with, we will focus on a reflection on the *Mission of Art* (Goethe) and on the *Creative Process* based on selected testimonies of universally recognized artists.

Further on, we will briefly focus on the structure and location of the *Levels of Consciousness* as presented in the *Huna Tradition*, in Roberto Assagioli's *Psychosynthesis Model* and in Ken Wilber's *Integral Psychology*.

As a result of the connection between the *Mission of Art*, the *Levels of Consciousness* and the *Creative Process* we will present a *Poetics of the Soul* model that aims at (re)integrating the *Creator*, the *Mirror-work of Art* and the *Perceptor* in a dynamic molecular structure as a means to relate Art and Consciousness for the 21<sup>st</sup> Century.

#### **Conclusions:**

The 20<sup>th</sup> Century can be classified as a huge experimental laboratory of various types of fragmentation in terms of artistic development. The 21<sup>st</sup> Century emerging out of a global crisis reaches out for New Paradigms that can reveal new purposes within the mission and location of Art. Artistic Expression for the 21<sup>st</sup> Century needs to (re)connect itself to the purpose of self-development and self-awareness of the Creator (Artist) baring in mind its manifestation in the Mirror-work of Art, the artistic pool to be contemplated by the Perceptor. Art and Consciousness are blood-brothers in the 21<sup>st</sup> Century, the broader the process of self-knowledge of the Creator (Artist), the wider the possibilities of co-creation towards a Conscious developed Humanity that mirrors its awareness in the artistic legacies to come.

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